

O.P.JINDAL SCHOOL, SAVITRI NAGAR
SESSION – 2025-26 SYLLABUS, CLASS – V

Month	No. of ID	Topics	Subject Enrichment	Value to be Added	Extra Content
April	23	Ch 1. Some organ systems	Models of diff systems	How to keep our organ systems healthy	Different juices secreted by digestive organs
		Ch 2. Organ systems that help us move	Activity on movement of muscles	How to keep ourselves healthy	Yoga and its effect
		Ch 3. Eat well to be healthy	Food pyramid & balanced diet	Healthy food vs junk food	Benefit of water in the body
June	9	Ch 4. How diseases spread	Making ORS	Preventing from diseases	Keeping surroundings clean
		Ch 5. First Aid	Making first-aid kit	First help before a Dr	CPR
July	26	Ch 6. Health services (only Assessment)	Performing different health services	Helping behind health services	Helping parents & peers
		Ch 8. Interdependence in nature	Projects	Keeping earth green	Food chain and food web
		Ch 15. India and the world	Map	Where India lies	Contribution of India to the world
August	23	Ch 16. India- the land and people	Presentation	Life of people in different region	Different rivers in India
		Ch 17. Our constitution (only Assessment)	Quiz	Our fundamental rights & duties	Why constitution is important
		Ch 18. Our Government	Role play	Roles of three arms of the govt.	Parliament
		Ch7. About plants (only assessment)	Project & quiz	How plants help us	Functions of different parts of plant
Apr/July/ Aug		WT- April – Ch 1, 2 July – Ch 3,4 Aug – Ch 8, 15			
September	9	Revision & HYE - Ch 1,2,3,4,5,8,15,16,18			

Month	No. of ID	Topics	Subject Enrichment	Value to be Added	Extra Content
October	17	Ch 9. Transport & communication	Poster making	Transports make our lives better	Limited uses of mobile phone
		Ch 10. Natural calamities (Only Assessment)	Presentation	Changes in earth	Safety measures
November	21	Ch 11. What everything is made of	Group discussion	Knowing different materials	Properties of materials
		Ch 12. Force, work & energy	Quiz	Applying different forces	Energy of sun
		Ch 19. The start of British rule in India (Only Assessment)	Role play	India vs British	How British entered India
December	13	Ch 20. The Indian awakening	Project	Awakening of Indian helped independence	Different protests
		Ch 13. Simple Machines	Performing different simple machines	How simple machines are useful in our daily lives	Complex machines
January	25	Ch 14. Lenses & microscopes	Show lenses & microscope	Lenses & microscopes are used in hospitals & labs	Different types of lenses
		Ch 21. India wins freedom	Freedom fighters' role-play	Love for country	Patriotism
		Ch 22. Our heritage	Group discussion	Heritage makes India incredible	Cultural & natural heritage
Oct, Dec		WT October – Ch 9, 10 December- 12, 19			
February	7	Revision & Annual exam – Ch 9, 11, 12, 13, 14, 20, 21, 22			